

Video 3 - Reflections

'Jesus spoke to them again, 'I am the Light of the world; the one who follows me will not walk in darkness, but will have light and life.'

John 8v12

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<https://soulparemission.com/scripture/>

Bible References taken from Christian Community Bible - Catholic Pastoral Edition:

Featured: Isaiah 2 (v1-5) &
John (5v19-20); (8v12); (10v17-18); (10v27-28).

Before we begin please make the sign of the Cross - In the Name of the Father and of the Son and of the Holy Spirit. Amen.

We welcome and bless your name Lord God who watches over us, you have given each person a spark of Your Divine presence within them. Who calls us by our name? Who has counted the very hairs on our head? Thank you Lord for you and for your presence in our lives. We bring before you the intentions of our hearts and of those of all our family and friends, our faith community who we have promised to pray for. We start with the prayer to the Holy Trinity. The **Trinitarian Prayer:**

God the Father, life giving energy and source of creation we adore, honour, praise and glorify your Holy Name. Jesus, Son of the Father, God the Son, Redeemer of all creation, we adore, honour, praise and glorify your Holy Name. God the Holy Spirit, fount of all knowledge and wisdom, sanctifier of all life and creation we adore, honour, praise and glorify your Holy name.

Where you are Jesus there we find your mother, she kneels in front of you with us. We venerate, honour, bless Our blessed Mother Mary's holy name. Saint Joseph your surrogate father on earth - We honour, bless his holy name. Not forgetting the Angels and the Archangels - *Saint Michael, Saint Raphael, Saint Gabriel and all the holy Angels of heaven and our Guardian Angels - my own Guardian Angel we honour and bless your holy names.*

Taize: Father we adore you, lay our lives before you. How we love you.
Jesus we adore you, lay our lives before you. How we love you.
Spirit we adore you, lay our lives before you. How we love you. *(sung)*

Prepare my Heart Prayer: *Into my heart, into my heart, come into my heart, Lord Jesus. Into my heart, into my heart, come into my heart, every day in every way come into my heart and stay, Lord Jesus.*

Taize: *Bless the Lord my soul and bless God's holy name. Bless the Lord my soul, He leads me into life.*

Isaiah 2 v1-5: *'The vision of Isaiah, son of Amoz, concerning Judah and Jerusalem.'* God promises lasting peace. *'In the last days, the mountain of Yahweh's house shall be set over the highest mountains and shall tower over the hills. All the nations shall stream to it, saying, "Come, let us go to the mountain of the Lord, to the house of the God of Jacob, that he may teach us his ways and we may walk in his paths. For the Teaching comes from Zion, and from Jerusalem the word of Yahweh. He will rule over the nations and settle disputes for many peoples... Nation will not raise sword against nation; they will train for war no more. O nation of Jacob, O come, let us walk in the light of the Lord!"'*

What does this vision Isaiah gives us? What does it remind us? That God is in control. He created us for this time in history and he won't leave us to battle through this time in history on our own. We do have to step up and be challenged, we do have to be trusting and believing that God will continue to be a light in the darkness. That light was given to us through Jesus, who is the Light of the world. It was passed on to us through the Sacrament of Baptism when we were anointed - Priest, Prophet, King. This is so we might hear the Word of God, that we can speak the Word of God, that we can have the dignity of a child of the King of all creation.

Taize: *Bless the Lord my soul...*

We are here at His feet, at this time when we come in Adoration. He is waiting for us, He already knew that we would turn up and when we don't turn up He misses us. Not as a judgement, but only as a way of calling us to strengthen us, as a way to show us His love. There are many graces on offer when we come to Eucharistic Adoration. It is like a stone dropping on a lake, you have heard me say this before - it ripples out and we don't know how far the ripples go but you can be sure that they will start in your soul, in your heart, in the very depths of your being: And from that rippling, from your time present here in your praying and interceding, being here with your Lord and God that rippling effect will reach out to your family, to your friends, to your communities, to those you have promised to pray for. It is the most wondrous gift that God has given us.

Taize: *Bless the Lord my soul...*

Video 3 - Reflections continued....

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How do we recapture that light when it sometimes gets diminished in the worries and sufferings of this world? How do we reclaim that light? That is what you are doing by being present to Jesus Christ now. You are reclaiming that light, His Light. Saint John 5v19-20: *'Jesus said to them, 'Truly, I assure you, the Son cannot do anything by himself, but only what he sees the Father do. And whatever He does, the Son also does. The Father loves the Son and shows him everything he does; and he will show him even greater things than these, so that you will be amazed.'*

Taize: Jesus Name above All Names, beautiful Saviour, glorious Lord. Emmanuel God is with us, blessed Redeemer, living Word.

Do we work on our own strength or follow Jesus' lead, the Divine Son of God stepped away to spend time with his Father. Do you do that daily? This is part of the challenge. John 8v12 *'Jesus spoke to them again, 'I am the Light of the world; the one who follows me will not walk in darkness, but will have light and life.'* **Taize: Jesus Name above All Names, beautiful Saviour, glorious Lord. Emmanuel God is with us, blessed Redeemer, living Word.**

We must ask the question - How can I be a light in the darkness? John 10 v17-18 *'The Father loves me, because I lay down my life in order to take it up again. No one takes it from me, but I lay it down freely. It is mine to lay down and to take up again: this mission I received from my Father.'* **Taize: Jesus Name above All Names, beautiful Saviour, glorious Lord. Emmanuel God is with us, blessed Redeemer, living Word.**

Do we spend time reflecting and asking God the Father - What do you want from me? What do I need to do? Help me. John 10 v27-28 *'My sheep hear my voice and I know them; they follow me and I give them eternal life. They shall never perish, and no one will ever steal them from me.'* **Taize: Jesus Name above All Names, beautiful Saviour, glorious Lord. Emmanuel God is with us, blessed Redeemer, living Word.**

It was Saint John Paul II's Feast Day on 22 October and he came to Ireland in 1979 and he asked the Irish & the Irish Youth to take Jesus deeply into our hearts; the Word of God into our hearts and to live out of that in action, in love and in charity. As you reflect on the prayer to Saint John Paul II hold on to some of the words. This time of prayer is to build you up to make you feel loved and cherished.

*'Oh Saint John Paul II from the lense of heaven, grant us your blessing!
Bless our leaders in the Church and government to support truth and justice.
Bless the laity who are those living in the Domestic Church within their families.
Help us to bring Jesus as you did to everyone we meet.*

*Bless the young who were your great mission and help them dream again,
help them to recognise the Divine spark within themselves:
To be truth-seekers bringing compassion and righteousness to their peers and
the many decisions they are faced with today. Help them to truly be like Jesus - a light in the darkness.*

*You spoke often when in Ireland in 1979 of our need to be witnesses to Jesus' teaching
in our friendship groups, in our schools, in our work-places, in our community.
Support the youth and us now from heaven, intercede for them and us in this critical time of our history.*

*May you bless each and every family! You warned of satan's assault against this precious
and Divine spark that God lit on earth in the presence of Jesus. Saint John Paul II with
your prayer may you protect the family and every life that blossoms from the family.
Protect and watch over new mothers and mothers who are to give birth.*

*Pray most loving Saint for the whole world which is marked by the effects of sinful
inclinations and satan's lies and deceit seen in many facets of the secular world.
Help us Saint John Paul II to do as you did - seek all answers to the difficult questions
by engaging the heart and intercession of Our Mother Mary, Queen Immaculate,
through daily recitation of the Most Holy Rosary. Amen.*

Taize: Jesus Name above All Names, beautiful Saviour, glorious Lord. Emmanuel God is with us, blessed Redeemer, living Word.

We finish as always with the sign of the cross. †