

## Video 2 - Reflections

### Missionary Disciples

Bible References taken from Christian Community Bible - Catholic Pastoral Edition:

Featured: Psalm 130 (v1-8) & John 8 (v30-32)

Excerpts from the CCC1265 & 1266 - Catechism of the Catholic Church

Before we begin please make the sign of the Cross - In the Name of the Father and of the Son and of the Holy Spirit. Amen.

We come before you again Lord Jesus bringing our petitions and thanksgivings our prayers for our families and our communities and especially in this 24 hour Adoration we bring our reflections of being Missionary Disciples. We start with the prayer to the Holy Trinity. The Trinitarian Prayer:

*God the Father, life giving energy and source of creation we adore, honour, praise and glorify your Holy Name. Jesus, Son of the Father, God the Son, Redeemer of all creation, we adore honour, praise and glorify your Holy Name. God the Holy Spirit, fount of all knowledge and wisdom, sanctifier of all life and creation we adore, honour, praise and glorify your Holy name.*

As we come before you Lord we know your mother Our Lady is Queen of Peace, Queen Immaculate of our hearts - she is here with us as we pray and adore You so - we venerate, honour, bless her holy name. And with this year of Saint Joseph. Saint Joseph your surrogate father is always here too so let us honour, bless his holy name. We also bring forth the Angels and the Archangels - Saint Michael, Saint Raphael, Saint Gabriel and all Heavenly Angels and Guardian Angels - my own Guardian Angel we honour and bless your holy names.

*I waited for  
the Lord,  
my soul waits,  
and I put my hope  
in his Word.  
My soul  
expects the Lord  
more than  
watchmen  
at the dawn...*

*Psalm 130v5-6*

**Video 2 - Reflections:**  
Written and transcribed by  
Jacinta Crockford

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**Taize: Bless the Lord my soul and bless God's Holy Name, bless the Lord my soul he leads me into life. (sung)**

When we come anytime in prayer we need to come and be prepared we have taken time to be here at this moment and this is the time to prepare our hearts to make us ready to receive the gifts, the graces, the healings everything that God has for us. So we say this little prayer. **Prepare My Heart Prayer:** *Prepare my heart, into my heart, into my heart, come into my heart Lord Jesus. Into my heart, into my heart, come into my heart Lord Jesus, come into my heart Lord Jesus be with me every day in every way come into my heart and stay Lord Jesus. Taize: Bless the Lord my soul...(x2)*

There are many prayers and petitions that we have for all our families, communities for those prayers we have been asked by our friends to intercede. This is the time we give you everything Our Lord, this is the time that we are here with you wanting you to answer our prayers. You ask that all our prayers are answered in God's Will for us for He knows above all what we need. And so we also pray in this 24 hour Adoration for Pope Francis' monthly prayer intention and for the month of October that is for us to be Missionary Disciples. *"We pray that every Baptised person maybe engaged in evangelisation available to the mission by being witnesses of a life that has the connectedness to the Gospel."* **Taize: Bless the Lord my soul...**

So how do we do this? How do we become Missionary Disciples? We know it starts at the very beginning when we were Baptised. This is a gift an anointing from God - we are anointed Priest, Prophet, King. What does this mean for us? It means that we contain within us the fullness of God but because we are not divine, because we are human, we need to keep connected to God to release these wonderful gifts we have been given through the Holy Spirit, through Baptism which enables us to be missionary disciples. The reason why it is called Gifted is because we have done nothing to deserve it, we have done nothing to make it happen, it is freely given by God to anoint His children to call them forward to mission and to be His Light in the world. When Jesus came and died on the cross for us He came with a purpose to redeem us from our sins to be that bridge and gateway to the Father. He left us the Blessed Eucharist, He left us the Pentecost, the Holy Spirit coming within us, building us up, confirming us in a faith and in a relationship with the Most Holy Trinity. The CCC explains this very beautifully and I just want to read some parts of it for you.

*'Baptism not only purifies us from all sins but also makes us new creations an adopted son and daughter of God, we become a 'partaker of the divine nature' a member of Christ and co-heir with him, and a temple of the Holy Spirit...'* So let us just build ourselves up with that knowledge that we are the temple of the Holy Spirit. We contain God within us. This should empower us to move and to act. **Taize: Jesus Name above All Names, beautiful Saviour, glorious Lord. Emmanuel God is with us, blessed Redeemer, living Word.**

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## Video 2 - Reflections continued....

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*'The Most Holy Trinity gives us sanctifying grace... we contain the Most Holy Trinity within us... so our strength is knowing and participating with the Most Holy Trinity in our lives...'*

How do we feed the Most Holy Trinity spirituality within us? We open the Word of God, we read the Word of God, we listen at Mass to the Word of God, we meditate and reflect on the Word of God and in prayerful submission to the Holy Trinity we ask for a connectedness to God. This is when God gives us the Mission of Disciples. We already contain Him within us we just need to nurture that. **Taize: Father we Adore you, lay our lives before you, how we love you. Jesus we Adore you, lay our lives before you, how we love you. Spirit we Adore you, lay our lives before you, how we love you.**

So here we are giving time allowing the penetration of the graces of God to drip slowly like water on a stone. Our hearts can be very hardened not because we choose to harden them but because of the deep pain we suffer. The many sufferings that we are dealing with now in our world so we need this grace Lord. This is why we come before you because we want your grace, we want your healing. I'm just going to read Psalm 130 - a little prayer to help us to reflect on our deep need of God to change us within, to strengthen us, so that we can step out. So that we can be that face of Jesus Christ when we meet the person in the street, when we meet our family in our homes, when we meet our colleagues in our work. Every place is a place to love, to love with the heart of God but we need to be built up. Read the Psalm slowly and pause in between each of the verses. Take this time and hand over to God everything that you need to. All the prayers and intercessions you have been asked to hand over, hand it over now at this time as you pray this Psalm.

#### **Psalm 130**

Out of the depths I cry to you, O Lord, O Lord hear my voice!  
Let your ears pay attention to the voice of my supplication.

**Taize: Bless the Lord my soul and bless God's Holy Name, bless the Lord my soul he leads me into life.**

If you should mark our evil, O Lord, who could stand?  
But with you is forgiveness, and for that you are revered.

**Taize: Bless the Lord my soul and bless....**

I waited for the Lord, my soul waits, and I put my hope in his Word.  
My soul expects the Lord more than watchmen at the dawn.

**Taize: Bless the Lord my soul and bless....**

O Israel, hope in the Lord, for with him is unfailing love  
And with him full deliverance.  
He will deliver Israel from all its sins.

**Taize: Bless the Lord my soul and bless....**

For our closing reflection we look to John 8 v30-32: *'As Jesus spoke like this, many believed in him. Jesus went on to say to the Jews who believed in him, 'You will be my true disciples, if you keep my word. Then you will know the truth, and the truth will set you free...'*

**Taize: Jesus Name above All Names, beautiful Saviour, glorious Lord.  
Emmanuel God is with us, blessed Redeemer, living Word.**

We ask you dear Lord to build us up. This time we have come before you to Adore you, to love you is something so special. We know that you wait for us, you wait for us to approach you. You wait expectantly for our hearts and our minds. You are here present loving us, caring for us wanting to grace us with the many gifts you have for each one of us. We claim these gifts now Lord, we claim them in your name. Your will be done in us Lord, so that we are always prepared, always ready. **Taize: Jesus Name above All Names, beautiful Saviour...**

When make the sign of the cross Lord to show in a quick way that we stand under your cross and we call on the full Godhead - Father, Son and Holy Spirit we use this symbol to connect with you Lord. In that gift we are recognised as your child. Change my life Lord, I want to be your light to my family. Give me courage. Thank you.

**Taize: Jesus Name above All Names, beautiful Saviour...** We finish as always with the sign of the cross. †