

## Book Review

### Through Open Windows

**About the Author:** Rosaleen McGuinness is a retired Community Psychiatric Nursing Sister and Teacher Practitioner, working for 30 years in the field of mental health. Most of her work was situated in West Belfast throughout The Troubles; working and dealing with the all different aspects of human suffering. She is a professed tertiary Franciscan. In retirement she has used her spirituality and insights of suffering to write poetry and prayer reflections.



#### Book Reviewed:

Through Open Windows...

#### Author:

Rosaleen McGuinness

#### Publisher:

To order this book email the following address and by quoting:

'Rosaleen's Care Cards'  
[pilgrimcentre@hotmail.com](mailto:pilgrimcentre@hotmail.com)



Rosaleen has agreed for some of her other reflections and mediations to be recorded within this website on Podcasts (click under - Lifestyle) These can be ordered individually in text form by contacting Rosaleen McGuinness directly at her email: [bethanyhouse@talktalk.net](mailto:bethanyhouse@talktalk.net)

click link below to listen to the Podcasts  
<https://soulparemission.com/lifestyle/>

There are 37 reflective meditations written from Rosaleen's reflections on The Psalms, The Old Testament and The New Testament Scriptures.

Rosaleen has dedicated this book to her parents and all those who 'opened windows of wonder in the lives of so many.'

Each reflective meditation takes the reader into the living Word of God and expands to the personal human experience in today's world. For example:

*'And which of you by being anxious can add one cubit to his span of life?' Matthew 6:27. Reflection Title: Anxiety... Lord to You I submit the anxiety of my life. When I dwell in the past...*

Rosaleen integrates the daily trials and tribulations, moments of joy and friendship, recognition of the experience of God, and weaves her thoughts and prose into an experience of deep compassionate love.

Each page has a prayer or prose connected to the inspiration of a verse of scripture. I highly recommend the many insights and reflections of Rosaleen.

Within this collection of verse you will find a moment of connection to the God who loves us and calls us deeply into His perpetual Love.